

# Year 7, Life Skills, 2023-24



Half Term 1: 4 <sup>th</sup> Sept - 20 <sup>st</sup> Oct (7 weeks)							October Half-Term Holiday	Half Term 2		
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7		Week 8	Week 9	
What is Life Skills? Life Skills and Maltby Academy Key Drivers		Rights and Responsibilities		Child on Child Abuse		Bullying		Bullying	Mental and Emotional Health	
Half Term 2: 30 <sup>th</sup> Oct - 22 <sup>nd</sup> Dec (8 weeks)						Christmas Holiday	Half Term 3			
Week 10	Week 11	Week 12	Week 13	Week 14	Week 15		Week 16	Week 17		
Mental and Emotional Health	Managing Puberty & Period Management		Hygiene and Reproduction		Careers		Careers	Bereavement		
Half Term 3: 8 <sup>th</sup> Jan - 9 <sup>th</sup> Feb (5 weeks)			February Half-Term Holiday	Half Term 4: 19 <sup>th</sup> Feb - 29 <sup>th</sup> March (6 weeks)						
Week 18	Week 19	Week 20		Week 21	Week 22	Week 23	Week 24	Week 25	Week 26	
Bereavement	Cancer: Myths and Facts			Healthy Eating & Oral Hygiene		Looking After My Physical Health		CCE, Gun Crime and Lockdown Procedures		
Easter Holiday		Half Term 5: 15 <sup>th</sup> April - 24 <sup>th</sup> May (6 weeks)						Spring Bank Holiday	Half Term 6	
		Week 27	Week 28	Week 29	Week 30	Week 31	Week 32		Week 33	
		Smoking, Drugs, and Alcohol		Healthy Relationships & Managing Emotions		Online Relationships and Safety		Sexual Bullying		
Half Term 6: 3 <sup>rd</sup> June - 19 <sup>th</sup> July (7 weeks)						Curriculum Intent: In Key Stage 3 Life Skills, students build on their knowledge, understanding, skills, attributes and values they have acquired and developed during the primary phase under the headings Relationships, Health and Wellbeing and Living in the Wider World. The topics this year will focus on mental and physical health and help them deal with the changes they may be going through. It will also consider various different relationships and the behaviours expected within them. Students will learn how to keep themselves and others safe, as well as focus on British Values and the world of work.				
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39					
Sexual Bullying	Road and Rail Safety		Safety in the Community and Anti-Social Behaviour		The Big Community Project					

# Year 8, Life Skills, 2023-24



Half Term 1: 4 <sup>th</sup> Sept - 20 <sup>st</sup> Oct (7 weeks)							October Half-Term Holiday	Half Term 2	
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7		Week 8	Week 9
First Aid		Child on Child Abuse		Bullying		Substance Misuse	Christmas Holiday	Substance Misuse	Alcohol and Society
Half Term 2: 30 <sup>th</sup> Oct - 22 <sup>nd</sup> Dec (8 weeks)						Half Term 3			
Week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Christmas Holiday	Week 16	Week 17	
Alcohol and Society	Peer Pressure, Gangs and County Lines		Crime and Punishment		Health and Fitness		Health and Fitness	Body Image	
Half Term 3: 8 <sup>th</sup> Jan - 9 <sup>th</sup> Feb (5 weeks)			February Half-Term Holiday	Half Term 4: 19 <sup>th</sup> Feb - 29 <sup>th</sup> March (6 weeks)					
Week 18	Week 19	Week 20		Week 21	Week 22	Week 23	Week 24	Week 25	Week 26
Body Image	Mental and Emotional Health		February Half-Term Holiday	Careers		Political Awareness and British Values		Freedom of Speech and Democracy	
Easter Holiday		Half Term 5: 15 <sup>th</sup> April - 24 <sup>th</sup> May (6 weeks)						Spring Bank Holiday	Half Term 6
		Week 27	Week 28	Week 29	Week 30	Week 31	Week 32		Week 33
Easter Holiday		Sexting and Online Safety		Grooming and CSE		Gender Identity		Spring Bank Holiday	Sexuality
		Half Term 6: 3 <sup>rd</sup> June - 19 <sup>th</sup> July (7 weeks)					Curriculum Intent: The Life Skills curriculum is a spiral curriculum, meaning that students will build on their prior knowledge, values and skills from year 7 and the primary phase. Students will continue to develop across the three key strands: Relationships, Health and Wellbeing and Living in the Wider World. The topics this year will focus on mental and physical health, and help students deal with the changes they may be going through. It will also consider different relationships and the behaviours expected within them. Students will be expected to learn how to keep themselves and others safe, as well as focus on British Values and the world of work.		
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39	Curriculum Intent: The Life Skills curriculum is a spiral curriculum, meaning that students will build on their prior knowledge, values and skills from year 7 and the primary phase. Students will continue to develop across the three key strands: Relationships, Health and Wellbeing and Living in the Wider World. The topics this year will focus on mental and physical health, and help students deal with the changes they may be going through. It will also consider different relationships and the behaviours expected within them. Students will be expected to learn how to keep themselves and others safe, as well as focus on British Values and the world of work.			
Sexuality	Respect, Love and Relationships		Safety in the Community and Anti-Social Behaviour		The Big Community Project				

# Year 9, Life Skills, 2023-24



Half Term 1: 4 <sup>th</sup> Sept - 20 <sup>st</sup> Oct (7 weeks)							October Half-Term Holiday	Half Term 2	
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7		Week 8	Week 9
Managing Stress and Mental Wellbeing		Body Image		Risks of Cosmetic and Aesthetic Procedures		Self Awareness	Christmas Holiday	Self Awareness	Male Contraception
Half Term 2: 30 <sup>th</sup> Oct - 22 <sup>nd</sup> Dec (8 weeks)						Half Term 3			
Week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Christmas Holiday	Week 16	Week 17	
Male Contraception	Female Contraception		STIs		Careers (START website) and Investigating Careers		Careers (START website) and Investigating Careers	Employability Skills	
Half Term 3: 8 <sup>th</sup> Jan - 9 <sup>th</sup> Feb (5 weeks)			February Half-Term Holiday	Half Term 4: 19 <sup>th</sup> Feb - 29 <sup>th</sup> March (6 weeks)					
Week 18	Week 19	Week 20		Week 21	Week 22	Week 23	Week 24	Week 25	Week 26
Employability Skills	Stereotyping in Careers		Sexual Bullying		Relationships , Honour Based Violence, and Self Respect		Positive Online Relationships		
Easter Holiday		Half Term 5: 15 <sup>th</sup> April - 24 <sup>th</sup> May (6 weeks)						Spring Bank Holiday	Half Term 6
		Week 27	Week 28	Week 29	Week 30	Week 31	Week 32		Week 33
Substance and Alcohol Abuse		Grooming and CSE		CCE and County Lines		Gender Identity: Respect and Tolerance			
Half Term 6: 3 <sup>rd</sup> June - 19 <sup>th</sup> July (7 weeks)						Curriculum Intent:			
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39	The Life Skills curriculum is a spiral curriculum, meaning that students will build on their prior knowledge, values and skills from year 7 and 8. Students will continue to develop across the three strands: Relationships, Health and Wellbeing and Living in the Wider World. The topics this year will focus on managing personal risk, positive relationships and discrimination. We will also consider different relationships and the behaviours expected within them. Students will learn how to keep themselves and others safe, as well as focus on British Values and the world of work.			
Gender Identity: Respect and Tolerance	Sexuality (LGBTQ+)		Safety in the Community and Anti-Social Behaviour		The Big Community Project				

# Year 10, Life Skills, 2023-24



Half Term 1: 4 <sup>th</sup> Sept - 20 <sup>st</sup> Oct (7 weeks)							October Half-Term Holiday	Half Term 2	
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7		Week 8	Week 9
Careers		Parenting		Fertility, Pregnancy and Miscarriage		Abortion		Abortion	Contraception and STIs
Half Term 2: 30 <sup>th</sup> Oct - 22 <sup>nd</sup> Dec (8 weeks)						Christmas Holiday	Half Term 3		
Week 10	Week 11	Week 12	Week 13	Week 14	Week 15		Week 16	Week 17	
Contraception and STIs	Roles of Men and Women in Christianity		Roles of Men and Women in Islam		Religion, Contraception, Arranged Marriage & Female Genital Mutilation		Religion, Contraception, Arranged Marriage & Female Genital Mutilation	Religion and Divorce	
Half Term 3: 8 <sup>th</sup> Jan - 9 <sup>th</sup> Feb (5 weeks)			February Half-Term Holiday	Half Term 4: 19 <sup>th</sup> Feb - 29 <sup>th</sup> March (6 weeks)					
Week 18	Week 19	Week 20		Week 21	Week 22	Week 23	Week 24	Week 25	Week 26
Religion and Divorce	Religion and Gender Identity			Positive Role Models		Harassment, Stalking and Online Relationships		Financial Choices	
Easter Holiday		Half Term 5: 15 <sup>th</sup> April - 24 <sup>th</sup> May (6 weeks)						Spring Bank Holiday	Half Term 6
		Week 27	Week 28	Week 29	Week 30	Week 31	Week 32		Week 33
		Peer Pressure, Gangs and County Lines		Child Exploitation and CSE		Extremism and Radicalisation		Gender and the Equality Act	
Half Term 6: 3 <sup>rd</sup> June - 19 <sup>th</sup> July (7 weeks)						Curriculum Intent:			
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39	At Key Stage 4, students will deepen their knowledge and understanding and further explore attitudes, values and attributes acquired during Key Stage 3. The curriculum reflects the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others. Students will also have the opportunity to study social issues, such as marriage, relationships and contraception, from a religious perspective – in order to further enhance their understanding of issues in the wider world.			
Gender and the Equality Act		Mental Health in Young Men		Safety in the Community and Anti-Social Behaviour		The Big Community Project			



# Year 11, Life Skills, 2023-24



Half Term 1: 4 <sup>th</sup> Sept - 20 <sup>st</sup> Oct (7 weeks)							October Half-Term Holiday	Half Term 2	
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7		Week 8	Week 9
Preparing for Year 11		Key Drivers in the real world		Financial Choices		Relationships and Consent		Relationships and Consent	Sexual Health
Half Term 2: 30 <sup>th</sup> Oct - 22 <sup>nd</sup> Dec (8 weeks)						Christmas Holiday	Half Term 3		
Week 10	Week 11	Week 12	Week 13	Week 14	Week 15		Week 16	Week 17	
Sexual Health	Careers: employability and the future		Careers: considering Post 16		Careers: interview technique		Careers: interview technique	Online Behaviours	
Half Term 3: 8 <sup>th</sup> Jan - 9 <sup>th</sup> Feb (5 weeks)			February Half-Term Holiday	Half Term 4: 19 <sup>th</sup> Feb - 29 <sup>th</sup> March (6 weeks)					
Week 18	Week 19	Week 20		Week 21	Week 22	Week 23	Week 24	Week 25	Week 26
Online Behaviours	Responsible Health Choices			Substance Misuse, Smoking and Vaping		Discrimination and Diversity - Protected Characteristics		Mental Health	
Easter Holiday		Half Term 5: 15 <sup>th</sup> April - 24 <sup>th</sup> May (6 weeks)						Spring Bank Holiday	Half Term 6
		Week 27	Week 28	Week 29	Week 30	Week 31	Week 32		Week 33
		Exam stress and pressures		Exam stress and pressures		GCSE EXAM PERIOD		GCSE EXAM PERIOD	
Half Term 6: 3 <sup>rd</sup> June - 19 <sup>th</sup> July (7 weeks)						Curriculum Intent:			
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39	At Key Stage 4, students will deepen their knowledge and understanding and further explore attitudes, values and attributes acquired during Key Stage 3. The curriculum reflects the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others. Students will also have the opportunity to study social issues, such as marriage, relationships and contraception, from a religious perspective – in order to further enhance their understanding of issues in the wider world.			
GCSE EXAM PERIOD									