

Y7 PE 2023-24

Exam Window = 



Half Term 1: 4th Sept - 20th Oct (7 weeks) – Subject to change due to grouping arrangements

Half Term 2

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	October Half-Term Holiday	Week 8 – No SH	Week 9– No SH
Standards and expectations. Warm-ups and the body's response to exercise	PE1 – Fitness Testing PE2 – Rugby PE3 – Netball PE4 – Badminton	PE1 – Handball PE2 – Badminton PE3 – Dance PE4 – Football	PE1 – Badminton PE2 – Handball PE3 – Football PE4 – Netball	PE1 – Football PE2 – Fitness Testing PE3 – Rugby PE4 – Dance	PE1 – Dance PE2 – Football PE3 – Badminton PE4 – Fitness Testing	PE1 – Rugby PE2 – Dance PE3 – Fitness Testing PE4 – Rugby			PE1 – Components of Fitness PE2 – Components of fitness PE3 – Table Tennis PE4 – Outdoor Fitness

Half Term 2: 30th Oct - 22nd Dec (8 weeks)

Half Term 3

Week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Christmas Holiday	Week 16	Week 17 – No SH
PE1 – Netball PE2 – Basketball PE3 – Dance PE4 – Rugby	PE1 – Netball PE2 – Basketball PE3 – Dance PE4 – Rugby	PE1 – Netball PE2 – Rugby PE3 – Football PE4 – Badminton	PE1 – Netball PE2 – Rugby PE3 – Football PE4 – Badminton	PE1 – Football PE2 – Dance PE3 – Netball PE4 – Basketball	PE1 – Football PE2 – Dance PE3 – Netball PE4 – Basketball			PE1 – Football PE2 – Handball PE3 – Table Tennis PE4 – Netball

Half Term 3: 8th Jan - 9th Feb (5 weeks)

Half Term 4: 19th Feb - 29th March (6 weeks)

Week 18– No SH	Week 19	Week 20	February Half-Term Holiday	Week 21	Week 22	Week 23	Week 24– No SH	Week 25– No SH	Week 26
PE1 – OCR Sport PE2 – OCR Sport PE3 – OCR Sport PE4 – OCR Sport	PE1 – Badminton PE2 – Football PE3 – Handball PE4 – Table Tennis	PE1 – Badminton PE2 – Football PE3 – Handball PE4 – Table Tennis		PE1 – Badminton PE2 – Table Tennis PE3 – Rugby PE4 – Handball	PE1 – Badminton PE2 – Table Tennis PE3 – Rugby PE4 – Handball	PE1 – Dance PE2 – Netball PE3 – Basketball PE4 – Football	PE1 – Dance PE2 – Netball PE3 – Hockey PE4 – Football	PE1 – Dance PE2 – Hockey PE3 – Hockey PE4 – OAA	PE1 – Dance PE2 – Hockey PE3 – Basketball PE4 – OAA

Half Term 5: 15th April - 24th May (6 weeks)

Half Term 6

Easter Holiday	Week 27	Week 28	Week 29	Week 30 – No SH	Week 31– No SH	Week 32– No SH	Spring Bank Holiday	Week 33– No SH
	PE1 – Rugby PE2 – OAA PE3 – OAA PE4 – Dance	PE1 – Rugby PE2 – OAA PE3 – OAA PE4 – Dance	PE1 – Rugby PE2 – Athletics PE3 – Cricket PE4 – Rounders	PE1 – Athletics PE2 – Athletics PE3 – Cricket PE4 – Rounders	PE1 – Athletics PE2 – Athletics PE3 – Cricket PE4 – Rounders	PE1 – Athletics PE2 – Athletics PE3 – Cricket PE4 – Rounders		PE1 – Athletics PE2 – Cricket PE3 – Rounders PE4 – Athletics

Half Term 6: 3rd June - 19th July (7 weeks)

Notices;

Week 34 – No SH	Week 35– No SH	Week 36	Week 37	Week 38	Week 39

- Theory lessons will have prebooked classrooms.
- The main hall is available as follows;